



## PD with a Twist!

Do you have a theme or topic for your PD Days?

Use MORE modules to bring your team together to focus on challenges and opportunities related to the module topic.



### Pre-Learning (MORE Module)

**GOAL:**

To provide background knowledge to your facilitated PD Day.

It is recommended facilitators review MORE modules to ensure a successful onsite event may be created based on a MORE module.

**NOTE:**

- MORE evaluations and Certificate of Completion are for online modules only
- While facilitators are not provided, we may be able to provide suggestions in some situations



### PD Day (School Authority)

**GOAL:**

To facilitate discussion after viewing the MORE modules, but not repeating content.

**Facilitated sessions may include:**

- Review of reflection questions to guide pre-learning
- Q&A
- School & classroom strategies
- Case study or scenario discussion



### Reminder

**Sign up for our newsletter and stay current**

- Check out our modules to determine relevance
- Register to access online modules
- Encourage your staff to complete the 2-minute module evaluation
- Certificates of Completion are provided after module completion

[more.hmhc.ca](http://more.hmhc.ca) | [hmhc@ahs.ca](mailto:hmhc@ahs.ca)

*growing healthy minds, supporting healthy children*



## PD with a Twist!

MORE modules are designed for the introduction of mental health topics at an introductory or intermediate level.

Onsite facilitation may be conducted by anyone comfortable with the topic & possessing group facilitation skills.

When planning, consider the possibility of sensitive, emotional and triggering content and if a trained Mental Health Professional is required.

### 3

#### School / Division PD Days

Although MORE modules are **designed for individual learning**, over the past years, many teams have integrated a full or portion of the module into their group learning.

If this is a learning solution for you, some suggestions to help you plan are listed below!

- Pre-learning prior to a session
- Q & A
- Discuss and practice strategies
- Debriefing a case study or scenario related to module content (real-time or fictitious)
- Post-learning after a session

### 4

#### Facilitation Tips

##### Make the most of your PD with Colleagues

- Review the MORE module(s) as part of planning for your PD session to ensure it aligns with the overall objectives of your school / school authority
- Decide how to best use the MORE module(s) for your situation
- Begin your session by asking the participants what they most want to know about the topic, and revisit this at the end
- Review Key Resources with participants for further application and strategies to use in the classroom



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