

Healthy Minds Healthy Children

MORE

Mental Health Online Resources for Educators



Mental Health

Mental Health modules will help you understand mental health disorders and their treatments, foster and maintain good mental health, and decrease stigma in the school environment.



Popular Modules

Eating Disorders: What You Need to Know

Selective Mutism: More than Just Shy

ADHD: Working from Student's Strengths

Supporting Students with Autism Spectrum Disorder

Anxiety: Overview of Advanced Topics

Childhood Depression: Everything You Need to Know

Anxiety in Children and Adolescents: An Overview

"There can be no keener revelation of a society's soul than the way in which it treats its children."

~ Nelson Mandela, Former President of South Africa

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growing healthy minds, supporting healthy children