

Healthy Minds Healthy Children

# MORE

Mental Health Online Resources for Educators



## Substance Use

Substance Use modules aim to increase your understanding of how youth use and misuse substances and videogaming to promote evidence-informed harm reduction practices.



## Popular Modules

**Cannabis: What Is it?**

**Cannabis: Risk & Protective Factors**

**Seeing through the Vape  
Youth Medication Use, Misuse and Abuse**

**Substance Use and the Developing Brain**

**Video Games and Online Gaming: What's the Real Score?**

**Concurrent Disorders: Substance Use & Mental Illness**

**Understanding Youth Substance Use**

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*"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."  
~ Barack Obama*

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growing healthy minds, supporting healthy children