

Healthy Minds Healthy Children

# MORE

Mental Health Online Resources for Educators

## Is there a Protocol for that?



### School-based Non-Suicidal Self Injury Response Protocol (NSSI Protocol)

**Are you ready to support a student expressing self-harming behaviour?**

This protocol is designed to:

- help you understand what NSSI is and is not
- assist school teams respond in the most appropriate way

Modules are tailored to all roles:

- What is Self-harming? (for all school staff)
- NSSI Protocol: School Administrators
- NSSI Protocol: Point Person

*The NSSI protocol has given our schools a great tool to provide supports to students, and has also made our staff feel far less stressed when we have incidents of self-injury.”*

*~ Chris Pawluk, Lead Psychologist; Rocky View Schools*



### Special Project Updates

Stay Connected! Receive updated information by completing a form related to your project of interest.

<https://more.hmhc.ca/special-project-updates/>

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